

## THE SONG ON REALIZING FIVEFOLD MAHĀMUDRĀ

At the feet of Glorious Phagmodrupa I bow!

Unless you're resolved to run the steed of love and compassion by aiding others, the great acclaim of the gods and men in the marketplace will not come forth. Thus, be assiduous with this mind, the preliminary.

Unless your own body, king of divine forms, has seized the immutable seat, the basis, the retinue of mother-skyfarers will not gather 'round. Thus, be assiduous with the body, the *yidam* deity.

Unless the sun of devotion dawns on the snow mountain of the guru's four *kāyas*, the streams of blessing will not flow down. Thus, be assiduous with this mind, devotion.

Unless mentations' massed clouds disperse into the vast space of mind itself, the planets and stars of the twofold knowledge will not shine forth vividly. Thus, be assiduous with this thought-free mind.

Unless you polish with aspirations the two accumulations' wish-granting jewel, the desired fruit will not come forth. Thus, be assiduous with this dedication, the final point.

*These words, known as the Song on Realizing Fivefold Mahāmudrā, were composed by the protector himself [i.e., Kyobpa Jigten Sumgön, 1143-1217].*

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